



# THE INSTITUTE FOR CREATIVE MINDFULNESS

Is proud to announce the return of our mindfulness-infused  
EMDR Therapy training to the Raleigh/Durham area!

## EMDR THERAPY PART I & PART II TRAINING

### About Our Training

Eye Movement Desensitization and Reprocessing (EMDR) Therapy is one of the most researched and utilized methods in the treatment of post-traumatic stress disorder (PTSD) and other forms of human distress connected to trauma.

The Institute for Creative Mindfulness is an approved provider of Basic Trainings in EMDR Therapy by the EMDR International Association (EMDRIA). Completion of the full training (Part I, Part II, required consultation hours) is the first step toward becoming a Certified EMDR Therapist through EMDRIA.

This training is presented by ICM faculty member Daniel Doyle, LMFT, LPCC. Daniel is in private practice in Southern California and sees clients through Headstrong, an organization that provides no cost psychotherapy, with an emphasis on EMDR Therapy to post 9-11 veterans. He is a Registered Drama Therapist and also former Clinical Director of Refuge Recovery Centers in Venice, CA.

Our curriculum was designed by Master EMDR Clinician and Author, Jamie Marich, Ph.D., LPCC-S, LICDC-CS, REAT, RYT-200, RMT. Dr. Jamie is the founder of The Institute for Creative Mindfulness and frequently travels the US and internationally to speak and train on topics such as EMDR therapy, trauma, mindfulness, addiction, and expressive arts therapy.

### Training Dates & Times:

#### Part I: February 7-9, 2020

8:00am-4:30pm each day  
(Registration Opens at 7:30am on Friday)

#### Part II: June 26-28, 2020

8:00am-4:30pm each day  
(Registration Opens at 7:30am on Friday)

### Location:

One-Eighty Counseling, P.A.

### For Information & Registration:

[www.instituteforcreativemindfulness.com](http://www.instituteforcreativemindfulness.com)

Part I: \$625.00

Part II: \$625.00

\*Consultation fees are additional and will vary upon consultant(s) you choose

This training is approved for the following: 21  
CE Credits: APA, NBCC, EMDRIA

**Register early!** Our Part I trainings have a tendency to fill quickly, often several months in advance.

### Location:



69 Shipwash Dr.  
Garner, NC 27529

[www.one-eightycounseling.com](http://www.one-eightycounseling.com)